



INFRARED SAUNA PRICE LIST

Individual Sessions

15 - 20 Minute Warm-Up Session	\$15
30 Minute Session	\$25
40 Minute Session	\$35

Packages

5 - 30 Minute Sessions	\$100
10 - 30 Minute Sessions (<i>Opening Special</i>)	\$150

Couples/Pairs Sessions

30 Minute Session	\$40
40 Minute Session	\$60

Packages

5 - 30 Minute Sessions	\$150
10 - 30 Minute Sessions	\$225

Sunlighten saunas use infrared heat instead of hot rocks or steam used in traditional saunas. Traditional saunas heat the air at extremely high temperatures which can make the experience unbearably hot and difficult to breathe. Because infrared heats the body directly instead of simply heating the air, infrared saunas are seven more times effective for detoxification. In a Sunlighten sauna, you will experience the deepest, most detoxifying sweat of your life.

Office 423-217-1174 for appts.