



## **6 Week Weight Loss Jump Start Program**

Includes:

- *3 Personal training sessions weekly.* Personalized workouts created specifically for you and your goals.
- *3 Customized Infrared Sauna weight loss program sessions weekly.*
- *Customized meal plan weekly.*
- *Natural weight loss supplement included.*

Items individually priced would cost over \$1000

***Package Price - \$595***

***\*Savings of over \$400\****  
***Office 423-217-1174 for appts***